



MAK Kenpo Terminology, History and Fact Sheet

Organizations that you Should Know

McCoy's Action Karate - Your School

Black Belt Schools of America - We are a member school

Personalities that you Should Know - McCoy's Action Karate

Anne McCoy, Master- Owner	Paul McCoy, Master	Barbara McCoy, Master-Owner	Matthew Bennett, Master
Pam Walker, Master	Seth Petsching, Master	David Tran - Master	Laura Petsching, Master
Dan Stewart, Master			

Other Personalities that you Should Know

Grandmaster Ed Parker- Founder of Ed Parker Kenpo

Grandmaster Greg Silva- Founder of Black Belt Schools of America & creator of the Universal Forms in American Kenpo

Sr. Master Eliud Sanches- Sr. Student of Grand Master Greg Silva & Anne McCoy's Kenpo Instructor

Sr. Master Anne McCoy - Original Master in MAK certified to grant Black Belts in MAK Kenpo

Darren Levine - Founder of World Krav Maga - World Krav Maga - Anne & Paul McCoy's Instructor

Ima, Creator of Krav Maga - Darren Levine's Instructor

Judo - Anne McCoy's Lineage - Gary Wilcox, USMC Champion Judo Winner & Mike Bogdanski

Student Creed

I Will develop myself in a positive manner and avoid anything that could reduce my mental growth or physical health.

I Will develop self-discipline in order to bring out the best in myself and others.

I will use common sense before self-defense and never be abusive or offensive.

5 Codes of Tang Soo Do

Be loyal to ones country.

Be obedient to parents and elders.

Honor Friendship.

Never retreat in battle.

In fighting, choose with sense and honor.

Tenets of Tang Soo Do

Integrity

Concentration

Perseverance

Respect and Obedience

Self-Control

Humility

Indomitable Spirit