McCoy's Action Karate Class Schedule - July 7 2016

Time:	Monday		Tuesday		Wednesday		Thursday		Friday		Time:	Saturday	
	Red Floor	Blue Floor	Red Floor	Blue Floor	Red Floor	Blue Floor	Red Floor	Blue Floor	Red Floor	Blue Floor		Red Floor	Blue Floor
3:30	power turtles												
3:45						power turtles					9:15	CDF	ALL Karate Kids
4:00	LD-Beg.	KK-Beg.	power turtles	KK Int.	LD-Beg.		power turtles	KK-Beg.	LD-Adv.	LD-Beg.	9:30		
4:15						KK-Beg.					9:45		
4:30	LD-BBTC		Tiny Tigers		LD-BBTC		Tiny Tigers		LD-BBTC	Int/Adv KK	10:00		KK-Protech
4:45	LD-Adv.	KK-Protech		KK Adv	LD-Adv.			KK Int.	KK-Beg.		10:15	power turtles	
5:00			LD-Beg.			KK Adv	LD-Adv.				10:30		All LD.
5:15	KK Int.	KK Adv			Tiny Tigers					Competition	10:45	Tiny Tigers	
5:30			LD-BBTC	TEEN			Hyper Fight Club 9 & Under	LD-Beg.	Tiny Tigers		11:00		XMA
5:45			LD-Adv.		KK Int.	Candidate					11:15	Teen\Adult	
6:00	Tiny Tigers	XMA-Beg.						CDF Fitness	Hyper Fight	Teen\Adult	11:30		SWAT
6:15			KK-Beg.				KK-Beg.				11:45		
6:30	TEEN	ADULT		CDF Fitness	TEEN	ADULT					12:00		
6:45											12:15		
7:00			BB CLASS				Hyper Fight 15+	KK Adv	CDF Fitness	Maximum	12:30		
7:15											12:45		
7:30		MMA	FIST	ADULT		MMA					1:00	Birthday Parties	
7:45								Teen\Adult			1:15		
8:00											1:30		
8:15											1:45		

Day Classes

9:00	power turtles	Teen\Adult							power turtles	Teen\Adult			
9:15													
9:30	Tiny Tigers								Tiny Tigers				
9:45													
10:00	All LD.	CDF							All LD.	CDF			
10:15													
10:30	ALL Karate Kids								ALL Karate Kids				
10:45													
11:00													
11:15													