

STUDENT CREED

"I will develop myself in a positive manner and avoid anything that would reduce my mental growth or physical health."

"I will develop self discipline in order to bring out the best in myself and others."

"I will use common sense before self defense and never be abusive or offensive."

*This is a Black Belt School,
we are dedicated,
we are motivated,
we are on a quest to be our best.*

*Winners never quit,
quitters never win,
I choose to Win!*

New England's
McCoy's
AK
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Best Karate School!

**MIND
BODY
& SPIRIT**
**CHANGING LIVES
EVERY DAY**