

# POSITIVE ATTITUDE

New England's  
McCoy's  
**MAK**  
Action Karate  
www.MActionKarate.com  
Best Karate School

*"I am convinced that  
life is 10% what  
happens to me  
and 90 %  
how I react to it."  
~Charles Swindell~*

*"When you choose to be pleasant and positive in the way you treat others, you have also chosen, in most cases, how you are going to be treated by others."*

**Zig Ziglar**