



S.T.A.R.S.

Students Taking A Responsible Stand

Taking Responsibility!

McCoy's Action Karate's Character Development Program

Shifting Responsibility Back to You!

Initial each Task, that shows you are taking responsibility for Your Actions, each week of this Cycle. If you did not do one of them, do not initial it. (Example: You picked up your room everyday in the cycle, so you sign the line next to Pride - I made my bed. However, you did not pick up your room for 3 days in the month, so you DO NOT sign the line in Pride for "I Picked Up My Room.")

You are being asked to Take Ownership of your actions; to be Responsible for your actions, good or bad.

Pride

I made my bed

I put my personal belongings away

I picked up everything in my room

Self-Esteem

I brushed my teeth morning and night

I used "Please" and "Thank you" with everyone

My martial arts uniform is clean

Self-Discipline

I practiced martial arts at home

I showed respect to all adults

I was ready & waiting with uniform for martial arts

Requirements for S.T.A.R.S & Stripe Test

- Responsible behavior at home.
- Responsible behavior at School.
- Return S.T.A.R.S. during Stripe Testing.



Student's Name: _____

Date STARS Completed: _____

Parent's Signature: _____

Please talk to my Child about: _____

McCoy's Action Karate

New England's Best Karate School!

Student Page: www.MActionKarate.com

Information Page: www.MccoysActionKarate.com

This Month's Stripe Color is Green, Which reminds us of the Green of a new Plant. If a person's foundation is good, like the plant, he/she will grow strong too. Green reminds us of Accuracy - getting the foundation right!